

## Better Care Fund 2022-23 Template

### 6. Metrics

Selected Health and Wellbeing Board:

Rutland

#### 8.1 Avoidable admissions

		2021-22 Q1 Actual	Q2 Actual	2021-22 Q3 Actual	2021-22 Q4 Actual	Rationale for how ambition was set	Local plan to meet ambition
Indirectly standardised rate (ISR) of admissions per 100,000 population  (See Guidance)	Indicator value	106.4	128.5	115.6	100.9	Rutland has very low rates of avoidable admissions relative to national and local position, influenced by local care approaches and the distance to acute hospitals. Therefore it is unrealistic to propose a significant drop in this rate. We have set a target of a 3% reduction.	Enhanced coordinated services identifying unwarranted deterioration and potential crisis so that swift interventions can be provided that may avoid conveyance.
	Indicator value	2022-23 Q1 Plan	Q2 Plan	2022-23 Q3 Plan	2022-23 Q4 Plan		
		105	117	112	103		
	Denominator	40,500	40,500	40,500	40,500		

[>> link to NHS Digital webpage \(for more detailed guidance\)](#)

#### 8.3 Discharge to usual place of residence

		2021-22 Q1 Actual	Q2 Actual	2021-22 Q3 Actual	2021-22 Q4 Actual	Rationale for how ambition was set	Local plan to meet ambition
Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal place of residence  (SUS data - available on the Better Care Exchange)	Quarter (%)	90.3%	90.2%	90.3%	90.3%	In the context of recent years' performance, we have set targets which we believe to be stretching relative to local care pressures. In particular, while extensive local services support hospital patients to return home, the supply of homecare has been challenging over the last year which has led to some need to return patients to a care home setting.	Our discharge team and associated services including the in-house Micare service provide a comprehensive response which aims to provide the support needed to return patients safely to their usual place of residence whenever possible (see narrative).
	Numerator	660	644	674	596		
	Denominator	731	714	746	660		
	Quarter (%)	2022-23 Q1 Plan	Q2 Plan	2022-23 Q3 Plan	2022-23 Q4 Plan		
		90.4%	90.4%	90.4%	90.4%		
	Numerator	628	650	650	650		
Denominator	695	719	719	719			

#### 8.4 Residential Admissions

		2020-21 Actual	2021-22 Plan	2021-22 estimated	2022-23 Plan	Rationale for how ambition was set	Local plan to meet ambition
Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population	Annual Rate	502.7	363.5	258.3	280.9	The rate of people permanently entering residential care has historically been low in Rutland relative to many other areas with successful interventions helping to enable people to remain living at home. It rose sharply during the initial pandemic, potentially with cases where people were unable to manage without their usual support networks and activities. Rates of admissions have quickly improved back to the former very low rates. We have therefore set a target similar to last year's improved position. It is important to support a balanced approach in which entry to a care home is enabled where this is the appropriate personalised response for given individuals based on their wishes, safety and ability to manage independently.	Rutland's social care and discharge teams work to an approach which promotes people remaining safely in their own homes wherever possible, with this supported by a range of enabling services including care coordination, falls prevention, carer support, home adaptations, enablement/reablement and crisis response.
	Numerator	52	38	27	30		
	Denominator	10,345	10,453	10,453	10,679		

Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population (aged 65+) population projections are based on a calendar year using the 2018 based Sub-National Population Projections for Local Authorities in England:

<https://www.ons.gov.uk/releases/subnationalpopulationprojectionsforengland2018based>

## 8.5 Reablement

		2020-21 Actual	2021-22 Plan	2021-22 estimated	2022-23 Plan	Rationale for how ambition was set	Local plan to meet ambition
Proportion of older people (65 and over) who were	Annual (%)	85.7%	90.0%	96.3%	90.0%	We have increased the denominator to reflect ambitions to deliver a greater amount of reablement. The target is set to 90% for reablement	Successful reablement is delivered through close working between Rutland's occupational therapists and the in-house
	Numerator	24	27	26	45		

Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services	Denominator	28	30	27	50	success which continues to be a challenging level of success to maintain against what in a small area can be a very variable service user cohort.	Micare team who provide the period of reablement support.
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Please note that due to the demerging of Northamptonshire, information from previous years will not reflect the present geographies.

As such, the following adjustments have been made for the pre-populated figures above:

- 2020-21 actuals (for **Residential Admissions** and **Reablement**) for North Northamptonshire and West Northamptonshire are using the Northamptonshire combined figure;
- 2021-22 and 2022-23 population projections (i.e. the denominator for **Residential Admissions**) have been calculated from a ratio based on the 2020-21 estimates.